

SEPTEMBER | 2021



Berlin, Chestnut Ridge, Walnut Creek & Winesburg - Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Daily Options Seasonal Fresh Fruit 1% White Milk Fat Free Chocolate Milk *All grain items are whole grain rich</p>		<p>1 Blueberry or Banana Muffin Strawberry Yogurt Cup Peach Cup</p>	<p>2 Choice of Cereal String Cheese Raisins 100% Orange Juice</p>	<p>3 Chocolate or Powdered Mini Os Applesauce Cup</p>
<p>6 No School!</p>	<p>7 Choice of Cereal String Cheese Raisins 100% Mixed Berry Juice</p>	<p>8 Cocoa Cherry Bar Strawberry Yogurt Cup Peach Cup</p>	<p>9 Choice of Cereal String Cheese 100% Orange Juice</p>	<p>10 Chocolate or Powdered Mini Os Applesauce Cup</p>
<p>13 Wholesome Banana Bread Mixed Fruit Applesauce</p>	<p>14 Choice of Cereal String Cheese Raisins 100% Mixed Berry Juice</p>	<p>15 Pillsbury Mini Cinnis Peach Cup</p>	<p>16 Choice of Cereal String Cheese Raisins 100% Orange Juice</p>	<p>17 Chocolate or Powdered Mini Os Applesauce Cup</p>
<p>20 Cherry Frudel Mixed Fruit Cup</p>	<p>21 Choice of Cereal String Cheese Raisins 100% Mixed Berry Juice</p>	<p>22 Blueberry or Banana Muffin Strawberry Yogurt Cup Peach Cup</p>	<p>23 Choice of Cereal String Cheese Raisins 100% Orange Juice</p>	<p>24 Chocolate or Powdered Mini Os Applesauce Cup</p>
<p>27 Eggo Confetti Mini Pancakes Mixed Fruit Applesauce</p>	<p>28 Choice of Cereal String Cheese Raisins 100% Mixed Berry Juice</p>	<p>29 Cocoa Cherry Bar Strawberry Yogurt Peach Cup</p>	<p>30 Choice of Cereal String Cheese 100% Orange Juice</p>	<p>1</p>

Online Menu

The Food Service Department is pleased to introduce **My School Menus** by Health-e Pro--a mobile app with interactive menus. **My School Menus**, allows easy access to complete nutrition information for school meals anytime, anywhere.

Features of My School Menus + Mobile App

Complete list of all food choices available to students • Nutrient data for menu items • Ability to Build-A-Meal and create customized meals • Ingredient information for certain menu items • Allergen identification by filtering menu items • Dietary preference identification showing symbols identifying foods • Carb Counting

You can download **My School Menus** Mobile App in the iTunes Store or the Google Play store. The Food Service Department is excited to offer My School Menus Mobile App as a valuable nutrition resource.

Follow us on FB
@EastHolmesSchoolNutrition

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SEPTEMBER | 2021

Berlin, Chestnut Ridge, Walnut Creek & Winesburg - Lunch



MONDAY

TUESDAY

WEDNESDAY

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FRIDAY

Daily Options: Uncrustable Combo Meal Yogurt Combo Meal Fresh Market Salad Seasonal Fresh Fruit 1% White Milk or Nonfat Chocolate Milk		1 Chicken Nuggets Dinner Roll Onion Rings Fresh Garden Salad Pears	2 Creamy Mac & Cheese Garlic Toast California Blend Fresh Baby Carrots Mixed Fruit	3 BBQ Rib Sub Sandwich Bold Baked Beans Homemade Coleslaw Diced Peaches
6 No School!	7 Mini Corn Dogs Soft Pretzel Stick Buttered Corn Fresh Baby Carrots Applesauce	8 Loaded Beef Nachos Cheesy Refried Beans Fresh Sliced Cucumber Diced Pear Cup Tomato Salsa Sour Cream	9 Bosco Cheesy Breadsticks Marinara Sauce Steamed Green Beans Fresh Garden Salad Mixed Fruit	10 Chicken Tender Basket w/Biscuit Waffle Fries Homemade Coleslaw Diced Peaches
13 French Toast Sticks Pork Sausage Patty Tater Tots Fresh Baby Carrots Mandarin Oranges	14 Spiral Pasta w/Meat Sauce Garlic Toast Fresh Steamed Broccoli Fresh Cucumbers Applesauce	15 Beef Hot Dog on Bun Bold Baked Beans Homemade Coleslaw Dill Pickle Chips Pears	16 Chicken Quesadilla Fresh Steamed Corn Baby Carrots Mixed Fruit *Sour Cream	17 Stuffed Crust Cheese Pizza or Pepperoni Pizza Steamed Green Beans Fresh Garden Salad Diced Peaches
20 Popcorn Chicken Dinner Roll Bold Baked Beans Fresh Sliced Cucumber Mandarin Oranges	21 Grilled Cheese Sandwich Campbell's Tomato Soup Fresh Broccoli Applesauce	22 Chicken Fillet Sandwich Waffle Fries Dill Pickle Chips Fresh Baby Carrots Pears	23 Cheesy Pepperoni Calzone Steamed Green Beans Fresh Garden Salad Mixed Fruit *Marinara Dipping Cup	24 Maple Snack'n Waffle Sausage Links Golden Hash Browns Fresh Celery Sticks Diced Peaches
27 Bistro Hamburger Crinkle Fries Fresh Baby Carrots Mandarin Oranges	28 Walking Taco Buttered Corn Fresh Broccoli Applesauce	29 Chicken Nuggets Dinner Roll Onion Rings Fresh Garden Salad Pears	30 Creamy Mac & Cheese Garlic Toast California Blend Fresh Baby Carrots Mixed Fruit	1

Menu Subject to Change

As school foodservice programs are making preparations to return to normal service and menus, we are facing unprecedented issues with the supply chain that will undoubtedly cause us to alter our posted menus with little to no notice.

We are working very closely with our distributors and manufacturers to secure both the food and supply items needed to support our programs; however, the availability of these items has been changing on a daily basis.

While it is our intention to serve the posted menu every day at every school, supply issues will not make this possible throughout this school year until the supply chain issues are rectified.

When changes to the posted school menu become necessary, we will attempt to substitute the scheduled menu item with another that is as similar as possible, to the extent we are able to do so, based on the products we are able to receive.

The most important thing to know is that we will always provide wholesome meals each and every day.

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