

APRIL | 2019

East Holmes Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|---|---|--|--|
| <p>1</p> <p>(5) Breakfast: Egg & Cheese Sandwich, Fruit Juice, Craisins, & Milk</p> <p>Hotdog on a Bun (21), Sloppy Dog or Coney Dog French Fries (27)</p> | <p>2</p> <p>(6) Breakfast: Lucky Charms Cereal, Cinnamon Goldfish, Juice, Applesauce & Milk</p> <p>Twisted Toasted Cheese Breadsticks with Tomato Soup (40)</p> | <p>3</p> <p>(7) Breakfast: Cocoa Krispies Cereal Bar, Apple Cinnamon Waffle Grahams, Juice, Raisins, & Milk</p> <p>Roast Beef w/ Dinner Roll Mashed Potatoes & Gravy Scooter Crunch Ice Cream Bar</p> | <p>4</p> <p>(8) Breakfast: Strawberry Yogurt, Chex Mix, Juice, Diced Pears, & Milk</p> <p>Honey BBQ Rib Sandwich OR Crispy Chicken Sandwich Baked Beans (29)</p> | <p>5</p> <p>(9) Breakfast: Banana Muffin, String Cheese, Juice, Apples & Milk</p> <p>Pizza (36) Green Beans (4)</p> |
| <p>8</p> <p>(10) Breakfast: Apple Turnover, Juice, & Milk</p> <p>Chicken Fries (16) w/ Various Dipping Sauces (18) Country Trio Vegetables (9)</p> | <p>9</p> <p>(11) Breakfast: Froot Loops, Honey Graham Crackers, Juice, Diced Peaches & Milk</p> <p>American Steakburgers (24) Fixin Bar (9) French Fries (27)</p> | <p>10</p> <p>(12) Breakfast: Breakfast Pizza, Juice, Applesauce & Milk</p> <p>Popcorn Chicken w/ Teddy Grahams Mashed Potatoes w/ Gravy (21)</p> | <p>11</p> <p>(13) Breakfast: Ultimate Breakfast Cookie, String Cheese, Juice, Diced Pears & Milk</p> <p>Corn Dog Baked Beans</p> | <p>12</p> <p>(14) Breakfast: Cinnamon Toast Crunch, Cinnamon Grahams, Apple Juice, Raisins & Milk</p> <p>Fiestada Pizza (38) OR Nachos w/ Cheese Sauce Steamed Peas & Carrots (11)</p> |
| <p>15</p> <p>(15) Breakfast: Strawberry Banana Yogurt, Gripz Crackers, Juice, Craisins & Milk</p> <p>Chicken Nuggets (16) Mashed Potatoes w/ Gravy (21)</p> | <p>16</p> <p>(1) Breakfast: Apple Jacks, Goldfish Crackers, Juice, Applesauce & Milk</p> <p>3 Maple Glazed French Toast Sticks (27) w/ 2 Sausage Links (0) OR Buffalo Chicken Pizza (35) Hot Cinnamon Apples (22)</p> | <p>17</p> <p>(2) Breakfast: Blueberry Muffin, String Cheese, Juice, Raisins & Milk</p> <p>Cheesy Mozzarella Bread w/ Marinara Sauce Cook's Choice Hot Vegetable</p> | <p>18</p> <p>(3) Breakfast: Cinnamon Pop-Tart, Graham Crackers, Juice, Apples & Milk</p> <p>Walking Tacos (45) Fiesta Black Beans (20)</p> | <p>19</p> <p>No School</p> |
| <p>22</p> <p>(4) Breakfast: Trix Cereal, Cinnamon Grahams, Juice, Fruit & Milk</p> <p>Stuffed Crust Pepperoni Pizza (38) OR Cook's Choice Steamed Broccoli</p> | <p>23</p> <p>(5) Breakfast: Egg & Cheese Sandwich, Fruit Juice, Craisins, & Milk</p> <p>Hotdog on a Bun (21), Sloppy Dog or Coney Dog French Fries (27)</p> | <p>24</p> <p>(6) Breakfast: Lucky Charms Cereal, Cinnamon Goldfish, Juice, Applesauce & Milk</p> <p>Twisted Toasted Cheese Breadsticks with Tomato Soup (40)</p> | <p>25</p> <p>(7) Breakfast: Cocoa Krispies Cereal Bar, Apple Cinnamon Waffle Grahams, Juice, Raisins, & Milk</p> <p>Roast Beef w/ Dinner Roll Mashed Potatoes & Gravy Scooter Crunch Ice Cream Bar</p> | <p>26</p> <p>(8) Breakfast: Strawberry Yogurt, Chex Mix, Juice, Diced Pears, & Milk</p> <p>Honey BBQ Rib Sandwich OR Crispy Chicken Sandwich Baked Beans (29)</p> |
| <p>29</p> <p>(9) Breakfast: Banana Muffin, String Cheese, Juice, Apples & Milk</p> <p>Pizza (36) Green Beans (4)</p> | <p>30</p> <p>(10) Breakfast: Apple Turnover, Juice, & Milk</p> <p>Chicken Fries (16) w/ Various Dipping Sauces (18) Country Trio Vegetables (9)</p> | <p>1</p> | <p>2</p> | <p>3</p> |

News

Do you have a picky eater at home? We are here to help! Did you know that we have 7 to 8 entrée options every day to accommodate them! What are they?

1. Hot Option #1
2. If there is an OR on the menu we will have a Hot Option #2
3. Uncrustables – Yes they are Smuckers PB & Grape Jelly on Whole Grain Bread, String Cheese and Goldfish Crackers
4. Trix Strawberry Yogurt with Granola, String Cheese and Goldfish Crackers
5. Ham and Cheese Sandwiches
6. Fruited Yogurt Parfait
7. Chef Salad
8. Specialty Salad of the Day

Each of these meals are served with a variety of fruit and vegetable offerings and a carton of Smith Dairy Milk.