

APRIL | 2019

East Holmes Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>(5) Breakfast: Egg & Cheese Sandwich, Fruit Juice, Craisins, & Milk</p> <p>Hotdog on a Bun (21), Sloppy Dog or Coney Dog French Fries (27)</p>	<p>2</p> <p>(6) Breakfast: Lucky Charms Cereal, Cinnamon Goldfish, Juice, Applesauce & Milk</p> <p>Twisted Toasted Cheese Breadsticks with Tomato Soup (40) Secret Tray Day!</p>	<p>3</p> <p>(7) Breakfast: Cocoa Krispies Cereal Bar, Apple Cinnamon Waffle Grahams, Juice, Raisins, & Milk</p> <p>BBQ meatballs or Roast Beef w/ Dinner Roll Mashed Potatoes & Gravy Scooter Crunch Ice Cream Bar</p>	<p>4</p> <p>(8) Breakfast: Strawberry Yogurt, Chex Mix, Juice, Diced Pears, & Milk</p> <p>Honey BBQ Rib Sandwich OR Crispy Chicken Sandwich Baked Beans (29)</p>	<p>5</p> <p>(9) Breakfast: Banana Muffin, String Cheese, Juice, Apples & Milk</p> <p>Pizza (36) or Fish Sandwich Green Beans (4) Fruit</p>
<p>8</p> <p>(10) Breakfast: Apple Turnover, Juice, & Milk</p> <p>Chicken Fries (16) w/ Various Dipping Sauces (18) Country Trio Vegetables (9) Fruit</p>	<p>9</p> <p>(11) Breakfast: Froot Loops, Honey Graham Crackers, Juice, Diced Peaches & Milk</p> <p>American Steakburgers (24) Fixin Bar (9) French Fries (27)</p>	<p>10</p> <p>(12) Breakfast: Breakfast Pizza, Juice, Applesauce & Milk</p> <p>Popcorn Chicken w/ Teddy Grahams Mashed Potatoes w/ Gravy (21)</p>	<p>11</p> <p>(13) Breakfast: Ultimate Breakfast Cookie, String Cheese, Juice, Diced Pears & Milk</p> <p>Corn Dog or Pulled Pork Sandwich Baked Beans</p>	<p>12</p> <p>(14) Breakfast: Cinnamon Toast Crunch, Cinnamon Grahams, Apple Juice, Raisins & Milk</p> <p>Mexican Pizza (38) OR Nachos w/ Cheese Sauce Steamed Peas & Carrots (11)</p>
<p>15</p> <p>(15) Breakfast: Strawberry Banana Yogurt, Gripz Crackers, Juice, Craisins & Milk</p> <p>Chicken Nuggets (16) Mashed Potatoes w/ Gravy (21) Fruit</p>	<p>16 (1) Breakfast: Apple Jacks, Goldfish Crackers, Juice, Applesauce & Milk</p> <p>3 Maple Glazed French Toast Sticks (27) w/ 2 Sausage Links (0) OR Buffalo Chicken Pizza (35) Hot Cinnamon Apples (22)</p>	<p>17 (2) Breakfast: Blueberry Muffin, String Cheese, Juice, Raisins & Milk</p> <p>Cheesy Mozzarella Bread w/ Marinara Sauce Cook's Choice Hot Vegetable</p>	<p>18</p> <p>(3) Breakfast: Cinnamon Pop-Tart, Graham Crackers, Juice, Apples & Milk</p> <p>Walking Tacos (45) Fiesta Black Beans (20) Cherry Sorbet</p>	<p>19 No School</p>
<p>22</p> <p>(4) Breakfast: Trix Cereal, Cinnamon Grahams, Juice, Fruit & Milk</p> <p>Stuffed Crust Pepperoni Pizza (38) OR Cook's Choice Steamed Broccoli</p>	<p>23</p> <p>(5) Breakfast: Egg & Cheese Sandwich, Fruit Juice, Craisins, & Milk</p> <p>Hotdog on a Bun (21), Sloppy Dog or Coney Dog French Fries (27)</p>	<p>24 (6) Breakfast: Lucky Charms Cereal, Cinnamon Goldfish, Juice, Applesauce & Milk</p> <p>Twisted Toasted Cheese Breadsticks with Tomato Soup (40) Secret Tray Day</p>	<p>25</p> <p>(7) Breakfast: Cocoa Krispies Cereal Bar, Apple Cinnamon Waffle Grahams, Juice, Raisins, & Milk</p> <p>Turkey w/ Dinner Roll Mashed Potatoes & Gravy Ice Cream Cup</p>	<p>26</p> <p>(8) Breakfast: Strawberry Yogurt, Chex Mix, Juice, Diced Pears, & Milk</p> <p>Honey BBQ Rib Sandwich OR Crispy Chicken Sandwich Baked Beans (29)</p>
<p>29</p> <p>(9) Breakfast: Banana Muffin, String Cheese, Juice, Apples & Milk</p> <p>Pizza (36) Or Fish Sandwich Green Beans (4)</p>	<p>30</p> <p>(10) Breakfast: Apple Turnover, Juice, & Milk</p> <p>Chicken Fries (16) w/ Various Dipping Sauces (18) Country Trio Vegetables (9)</p>	<p>1</p>	<p>2</p>	<p>3</p>

News

Do you have a picky eater at home? We are here to help! Did you know that we have 7 to 8 entrée options every day to accommodate them! What are they?

1. Hot Option #1
2. If there is an OR on the menu we will have a Hot Option #2
3. Uncrustables – Yes they are Smuckers PB & Grape Jelly on Whole Grain Bread, String Cheese and Goldfish Crackers
4. Trix Strawberry Yogurt with Granola, String Cheese and Goldfish Crackers

Each of these meals are served with a variety of fruit and vegetable offerings and a carton of Smith Dairy Milk.